



# Mediterranean Pain Forum

II EDITION

Co-Chairs  
Giuliano **Lo Bianco** | Michael E. **Schatman**

Cefalù  
3<sup>rd</sup> | 4<sup>th</sup> May **2024**  
Centro Congressi Costa Verde

Endorsed by





3<sup>rd</sup> May

PROGRAM

08.30 Registration

09.00 Opening: Welcome Remarks

## **SESSION I | INTRODUCTION TO CONTEMPORARY APPROACHES IN CHRONIC PAIN MANAGEMENT**

Chairs: **G. Lo Bianco | M. Day | C. Gregoretti**

09.30 Interventional Pain Medicine: Bridging the Bio-Psycho-Social Abyss in Pain Management | **M. Schatman**

09.50 Elevating Interventional Pain Practice: The Imperative of Multidisciplinary Integrative Teams and Patient-Tailored Therapies | **A. Bhaskar**

10.10 Early Intervention Matters: Exploring the Vital Role of Interventional Pain Care in the Continuum of Early Pain Treatment | **P. Staats**

10.30 Navigating the Intersection of Artificial Intelligence and Pain Medicine for Enhanced Diagnostics and Treatment | **M. Cascella**

10.50 Discussion - Q&A

11.00 Coffee Break

## **SESSION II | EXPLORING MODERN CHRONIC PAIN MANAGEMENT**

Chairs: **S. Natoli | V. Guardamagna | G. Lo Bianco**

11.15 Addressing the Void: Advocating for Comprehensive Pain Training and the importance of International Certification Standards | **S. M. Raineri**

11.35 Duetto: **P. Staats | S. Mercadante**

Moderator: **M. Day**

Specialized Duality or Unified Expertise: Exploring the Dichotomy in Ultra-Specialized Roles for Oncologic and Benign Pain Management



11.55 The Endocannabinoid system: Potential Therapeutic Application | **A. Bhaskar**

12.15 Neuropathic Pain Treatment – A Journey Back to the Basics and Beyond | **F. Drago**

12.35 **Rountable - A. Bhaskar** with the speakers, **M. Schatman, M. Day, C. Santi** and the audience  
Pain Medicine Education: International Perspectives

13.00 Lunch

14.00 Opening **Mediterranean Pain Forum**

**V. Lombardo**

Greetings from Authorities

**G. Albano**, President Giglio Foundation

**S. Amato**, President Physicians Order of Palmo

### **SESSION III | CHRONIC PAIN: INTERVENTIONAL INSIGHTS**

Chairs: **D. Canzio | C. A. Costa | L. Kapural**

14.30 Precision in Pain: Navigating Facetogenic Pain with Medial Branch and Z-Joint Injections - Choosing Between Fluoroscopy and Ultrasound Guidance | **A. Tinnirello**

14.50 Epidurals Unveiled: Distinguishing Between Interlaminar and Transforaminal Steroid Injections - A Comprehensive Exploration of Rationale, Indications, and Contrast Patterns | **G. Lo Bianco**

15.10 Cold, Heat, and Pulses: Deciphering the Code for Pain Relief - Choosing the Right Modality in Cryoablation, Radiofrequency Ablation, and Pulse Radiofrequency | **F. Occhigrossi**

15.30 Sacroiliac Joint Intervention: Indications and Techniques – Emerging Therapies | **S. Li**

15.50 Discussion - Q&A

16.00 Coffee Break - Exhibition Area



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## SESSION IV | CHRONIC PAIN: INTERVENTIONAL INSIGHTS

Chairs: **A. Al-Kaisy** | **T. Angileri** | **V. De Santis**

- 16.15 Revolutionizing Spinal Pain Care: Exploring the Frontier of Regenerative Medicine in Interventional Techniques | **S. Diwan**
- 16.35 Inside the Disc: Exploring Indications, Evidence, and Techniques of Intradiscal Interventional Procedures | **P. Enea**
- 16.55 Breaking Barriers: Advancements in Epidural Lysis of Adhesions and Epiduroscopy for Enhanced Pain Management | **M. Day**
- 17.15 Peripheral Nerve Stimulation for Chronic Pain | **F. Micheli**

## SESSION V | RADIOFREQUENCY JOINT DENERVATION

Chairs: **S. Crinò** | **S. Diwan** | **N. Salvo**

- 17.35 Optimizing Knee Pain Relief: An In-Depth Review of Interventional Treatments – Indications, Outcomes, and Techniques under Ultrasound and Fluoroscopy | **M. Schembari**
- 17.50 Optimizing Hip Pain Relief: An In-Depth Review of Interventional Treatments – Indications, Outcomes, and Techniques under Ultrasound and Fluoroscopy | **G. Terranova**
- 18.10 Optimizing Shoulder Pain Relief: An In-Depth Review of Interventional Treatments – Indications, Outcomes, and Techniques under Ultrasound and Fluoroscopy | **A. Tinnirello**
- 18.50 End of scientific session



4<sup>th</sup> May

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## SESSION VI | CURRENT PERSPECTIVES: UPDATES ON OPIOID THERAPY AND ADJUVANTS IN PAIN MANAGEMENT

Chairs: **F. Occhigrossi** | **M. Schatman** | **G. Misseri**

- 08.30 Current Perspectives on Opioid Therapy: Advancements and Challenges in Non-Cancer Pain Management | **S. Mercadante**
- 08.50 Exploring Innovations in Diagnostic and Interventional Ultrasound for MSK | **D. Albano**
- 09.10 Joint European Academy of Neurology-European Pain Federation-Neuropathic Pain Special Interest Group of the International Association for the Study of Pain guidelines on neuropathic pain assessment | **Eleonora Galosi**
- 09.30 Unraveling Opioid-Induced Hyperalgesia: Strategies for Recognition and Management | **S. Natoli**
- 09.50 Buprenorphine or Methadone for Opioid Use Disorder? | **S. Mercadante**
- 10.10 Discussion - Q&A
- 10.20 Coffee Break

## SESSION VII | NEUROMODULATION – SPINAL CORD STIMULATION

Chairs: **A. Abd-Elseyed** | **E. Lo Giudice** | **Emanuele Piraccini**

- 10.35 Understanding the Mechanisms of Action and Indications for Spinal Cord Stimulation | **P. De Negri**
- 10.55 Waveform Wonders: Exploring Different Modalities in Spinal Cord Stimulation | **D. De Ridder**
- 11.15 Effectiveness of Combined Dorsal Root Ganglion And Spinal Cord Stimulation | **A. Al - Kaisy**
- 11.35 ECAP Controlled Closed-Loop SCS | **S. Li**
- 11.55 Update On SCS, Now and The Future | **L. Kapural**
- 12.15 Discussion - Q&A



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## SESSION VIII | SPINE SURGERY AND MINIMALLY INVASIVE APPROACHES

Chairs: **L. Basile** | **D. De Ridder** | **P. De Negri**

- 12.25 Spinal Interventional Neuroradiology in Low Back Pain: Crossing the Border | **L. Manfrè**
- 12.45 Charting the Course: Indications, Timing, and Surgical Strategies in Spine Interventions | **F. Perna**
- 13.05 Safeguarding Care: Strategies for Complication Avoidance in Interventional Pain Medicine | **A. Abd Elsayed**
- 13.25 Lunch

## SESSION IX | CHRONIC PAIN: INTERVENTIONAL INSIGHTS

Chairs: **A. Al-Kaisy** | **S. Diwan** | **G.Lo Bianco**

- 14.30 Duetto: **E. Amorizzo** | **S. Li**  
Moderator: **L. Manfrè**  
Guiding Precision: Choosing Wisely Between Ultrasound and Fluoroscopy for Optimal Outcomes in Pain Procedures
- 14.50 PILD and Open Decompression for the Treatment of Lumbar Spinal Stenosis: 2-Year Outcomes | **P. Staats**
- 15.10 Special Intervention for Cancer Pain: Advanced Techniques | **M. Day**
- 15.30 Charting Excellence: The Top 10 Pain Medicine Articles of 2023 | **A. Abd-Elseyed**
- 15.50 Discussion - Q&A
- 16.00 Coffee Break



## SESSION X Headache and Facial pain

Chairs: **M. Day** | **V. Raieli** | **M. Romano**

- 16.25 Common Primary Headaches: Diagnosis and Classification | **F. Brighina**
- 16.45 Cervicogenic Headaches: Diagnosis and Treatment | **E. Piraccini**
- 17.05 Interventional Treatment of Facial Pain | **C. Costa**
- 17.25 Stereotactic And Functional Neurosurgery for Facial Pain | **G. Tringali**
- 17.45 Facial Pain Unmasked: Insights into Post-Herpetic Neuralgia and Innovative Treatment Approaches | **S. Tamburin**
- 18.00 Discussion - Q&A
- 18.15 End of scientific session



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## INFORMATION

**Congress Venue:** Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

**Co-Chair:** Giuliano Lo Bianco, Michael E. Schatman

**Scientific Committee:** Miles Day, Sebastiano Mercadante, Sean Li, Alfonso Papa, Peter Staats, Carmelo Costa, Leo Kapural, Alaa Abd-Elseyed

The Congress is an ECM Event

### Registration

- Physicians registration fee € 500,00+IVA
- Nurses • Students • Residents Free

The registration fee includes:  
the admission to scientific sessions, CME credits, certificate of attendance.

Online registration soon available on our website [www.bibagroup.it](http://www.bibagroup.it)



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