



# Mediterranean Pain Forum

II EDITION

Co-Chairs

Giuliano **Lo Bianco** | Michael E. **Schatman**

## Workshop

Cefalù  
5<sup>th</sup> May **2024**  
Centro Congressi Costa Verde

Endorsed by





5<sup>th</sup> May

Workshop

## WORKSHOP I

### COMPREHENSIVE PHYSICAL AND NEUROLOGICAL EXAMINATION COURSE

09.00 History and Physical Exam Course – Psychiatrist

**Domenico Restivo**

09.40 Neurological Examination – Neurologist

**Eleonora Galosi**

10.20 MRI and CT Scan IMAGING ANATOMY for Pain Physician - Radiologist

**Giuseppe Peritore**

11.30 End of scientific Workshop

Workshop

## WORKSHOP II

### HANDS-ON FLUOROSCOPY WORKSHOP - LUMBAR PROCEDURES

9.00 – 14.00 **5 groups**

Advancements in Pain Medicine: An In-depth Exploration of Fluoroscopy Techniques, Patient Selection and Anatomical Demonstration

09:00 - 10:00 group 1

10:00 - 11:00 group 2

11:00 - 12:00 group 3

12:00 - 13:00 group 4

13:00- 14:00 group 5 ( Vertebroplasty ) **Dr. Valenza**



## HANDS-ON FLUOROSCPY WORKSHOP - LUMBAR PROCEDURES

Techniques:

Interlaminar Epidural

Caudal Epidural

L1-5 Transforaminal Epidural - S1 Transforaminal Epidural

Medial Branch Block

Sacroiliac Joint Injection

Lumbar Facet and Sacroiliac Joint Radiofrequency

“Vertebral Fractures Workshop” : Vertebroplasty / Kyphoplasty Techniques

Carmelo Attilio Costa | Miles Day | Sean Li | Joseph Palumbo | Franco Valenza

## Workshop

### WORKSHOP III

#### LIVE MODEL ULTRASOUND DEMONSTRATION IN PAIN MEDICINE

11.00 Advancements in Pain Medicine: An In-depth Exploration of Ultrasound Techniques, Patient Selection, and Anatomical Demonstration

- Ultrasound techniques description and indication.
- What is the right patient?
- Scanning and Needling / Anatomical Demonstration & Teaching relevant to Pain Medicine

Duetto: Domenico Albano | Fabrizio Micheli

#### LIVE MODEL ULTRASOUND DEMONSTRATION - 6 ULTRASOUND STATION

11:30 3 Rotation

13:00 Light Lunch ( only those registered for the workshop )

13:30 3 Rotation

15:00 End of the workshop



## LIVE MODEL ULTRASOUND DEMONSTRATION - 6 ULTRASOUND STATION

### 1 - Upper Limb MSK pain procedures and Peripheral Nerve entrapments

- Shoulder-Biceps Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve
- Elbow-Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel
- Wrist-Carpal Tunnel & Median Nerve, Guyon's Canal & MCP joint
- Upper limb Nerve entrapments

**Domenico Albano | Raffaello Sutera**

### 2 - Lower Limb MSK pain procedures and Peripheral Nerve entrapments

- Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve
- Knee- Knee joint, Genicular and Saphenous nerve
- Ankle- Tibio-tarsal joint, MTP joint, Tarsal Tunnel & Tibial nerve
- Lower limb Nerve entrapments

**Fabrizio Micheli | Emilia Lo Giudice**

### 3 - Cervical Spine Procedures/ Procedures for Neck pain

- Cervical Facet and Cervical Medial Branches, TON
- Cervical Nerve roots
- Cervical Sympathetic chain
- Greater Occipital Nerve

**Felice Occhigrossi | Emanuele Piraccini**



## 4 - Thoracic Spine procedures/ Procedures for Thoracic spine and Chest wall pain management

- Thoracic Facets, Costotransverse joint
- Thoracic Paravertebral
- Intercostal Nerve
- Erector Spinae plane block
- Parasternal plane block

**Gianluca Russo | Vito Torrano**

## 5 - Lumbar spine & Sacrum procedures/ Low back and buttock pain

- Caudal Epidural
- Sacro-iliac joint & ligaments
- Piriformis muscle inection
- Lumbar Facet joint & Medial Branches

**Gaetano Terranova | Sara Caliò**

## 6 - Abdomen & Pelvic Procedures /Abdominal myofascial pain syndromes, Pelvic pain management

- Ilio-inguinal & ilio hypogastric nerve block
- Rectus sheath, TAP plane
- Quadratus lumborum block
- Genitofemoral nerve block
- Pudendal nerve block

**Ezio Amorizzo | Andrea Tinnirello**



## Workshop

### **WORKSHOP IV | Non accreditato ai fini ECM**

- 11.00 Spinal manipulation: mechanisms of action , adverse events and practice  
**Francesco Piampiano**
- 11.30 Lumbar pain and associated disorders: an overview of clinical practice  
**Giuseppe Impellitteri**
- 12.00 End of scientific Workshop

### **WORKSHOP V | Non accreditato ai fini ECM**

- 12.30 Understanding Frequency, Amplitude, Pulse Intensity, and Various Waveforms in Spinal Cord Stimulation
- 13.00 "Spinal Cord Stimulation Programming: A Crash Course"
- 13.30 End of scientific Workshop



## FACULTY

Domenico **ALBANO** | Milano

Ezio **AMORIZZO** | Roma

Sara **CALIÒ** | Messina

Carmelo Attilio **COSTA** | Catania

Miles **DAY** | Texas, USA

Eleonora **GALOSI** | Roma

Giuseppe **IMPELLITTERI** | Palermo

Sean **LI** | New Jersey, USA

Emilia **LO GIUDICE** | Enna

Fabrizio **MICHELI** | Piacenza

Felice **OCCHIGROSSI** | Roma

Joseph **PALUMBO** | Padova

Giuseppe **PERITORE** | Palermo

Francesco **PIAMPIANO** | Palermo

Emanuele **PIRACCINI** | Bologna

Domenico **RESTIVO** | Messina

Gianluca **RUSSO** | Lodi

Raffaello **SUTERA** | Bagheria

Getano **TERRANOVA** | Milano

Andrea **TINNIRELLO** | Brescia

Vito **TORRANO** | Lodi

Franco **VALENZA** | Palermo





# Mediterranean Pain Forum

II EDITION

Endorsed by



## INFORMATION

### Congress Venue

Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

### Chair

Giuliano Lo Bianco | Michael E. Schatman

### Registration

To attendee the Workshop you must be registered to the Congress

- Workshop I € 100+IVA
- Workshop II € 200+IVA
- Workshop III € 200+IVA
- Workshop IV Free
- Workshop V Free

The registration fee includes:

the admission to scientific sessions, CME credits, certificate of attendance.

Online registration soon available on our website [www.bibagroup.it](http://www.bibagroup.it)

CLIC HERE  
TO SUBSCRIBE 

### PROVIDER & ORGANIZING SECRETARIAT



PALERMO | MILANO | VERONA | NUORO

**Head Office:** Via Emilia, 38 - 90144 Palermo

**Branch Office:** Verona - Napoli - Nuoro

Pbx 091.527416 - Fax 091.527062

E-mail: [congressi@bibagroup.it](mailto:congressi@bibagroup.it) - [www.bibagroup.it](http://www.bibagroup.it)