

Mediterranean Pain Forum



Scientific Committee
Giuliano **Lo Bianco** | Simon J. **Thomson**

Workshop

Non accreditato ECM

Cefalù
19th | 20th May **2023**
Centro Congressi Costa Verde





Mediterranean Pain Forum

To debate and learn with professionals from around the world about advanced interventional pain procedures, chronic pain, and neuromodulation.

Endorsement



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WORKSHOP | Room A
SPINAL CORD STIMULATION PROGRAMMING COURSE

- 18.00 Spinal cord stimulation programming: a crash course
Sara Grisanti
- 19.00 End of Scientific Workshop

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20th May

WORKSHOP I | Room A
HISTORY AND PHYSICAL EXAM COURSE

- 14.30 History and Physical Exam Course – Physiatrist
Giampaolo De Sena
- 14.50 Neurological Examination – Neurologist
Manfredi Ferraro
- 15.10 MRI and CT Scan IMAGING ANATOMY for Pain Physician - Radiologist
Tommaso Angileri
- 15.30 End of Scientific Workshop

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WORKSHOP II | Room A

NECK AND LUMBAR PAIN ASSOCIATED DISORDER. PHYSIOTHERAPY COURSE

15.30 Neck pain and associated disorders (NAD I-II): an overview of clinical practice guidelines

Francesco Piampiano

16.00 Lumbar pain and associated disorders: an overview of clinical practice

Giuseppe Impellitteri

16.30 End of Scientific Workshop

WORKSHOP III | Plenary Room

LIVE MODEL ULTRASOUND DEMONSTRATION

15.30 Ultrasound techniques description and indication. What is the right patient?
Scanning and Needling / Anatomical Demonstration & Teaching relevant to Pain Medicine

2 US stations | Hands on: Ultrasound, the new musculoskeletal physical examination

1. Upper Limb MSK pain procedures and Peripheral Nerve entrapments

- Shoulder- Biceps Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve
- Elbow- Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel
- Wrist-Carpal Tunnel & Median Nerve, Guyon's Canal & MCP joint
- Upper limb Nerve entrapments

Domenico Albano

20th May

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WORKSHOP III | Plenary Room

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2. Lower Limb MSK pain procedures and Peripheral Nerve entrapments

- Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve
- Knee- Knee joint, Genicular and Saphenous nerve
- Ankle- Tibio-tarsal joint, MTP joint, Tarsal Tunnel & Tibial nerve
- Lower limb Nerve entrapments

Sergio Testai

4 US stations | Live Model Ultrasound Demonstration

3. Cervical Spine Procedures/Procedures for Neck pain

- Cervical Facet and Cervical Medial Branches, TON
- Cervical Nerve roots
- Cervical Sympathetic chain
- Greater Occipital Nerve

Emanuele Piraccini

4. Thoracic Spine procedures/ Procedures for Thoracic spine and Chest wall pain management

- Thoracic Facets, Costotransverse joint
- Thoracic Paravertebral
- Intercostal Nerve
- Erector Spinae plane block
- Parasternal plane block
- Ilio-inguinal and ilio-hypogastric Nerves

Gianluca Russo, Vito Torrano

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WORKSHOP III | Plenary Room

5. Lumbar spine & Sacrum procedures/ Low back and buttock pain

- Caudal Epidural
- Sacro-iliac joint & ligaments
- Piriformis muscle inection
- Lumbar Facet joint & Medial Branches

Gaetano Terranova, Andrea Tinnirello

6. Abdomen & Pelvic Procedures/ Abdominal myofascial pain syndromes, Pelvic pain management

- Ilio-inguinal & ilio hypogastric nerve block
- Rectus sheath, TAP plane
- Quadratus lumborum block
- Genitofemoral nerve block
- Pudendal nerve block

Rafael Blanco

17.30 End of Scientific Workshop

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INFORMATION

Congress Venue

Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

Scientific Committee

Giuliano Lo Bianco | Simon J. Thomson

Registration

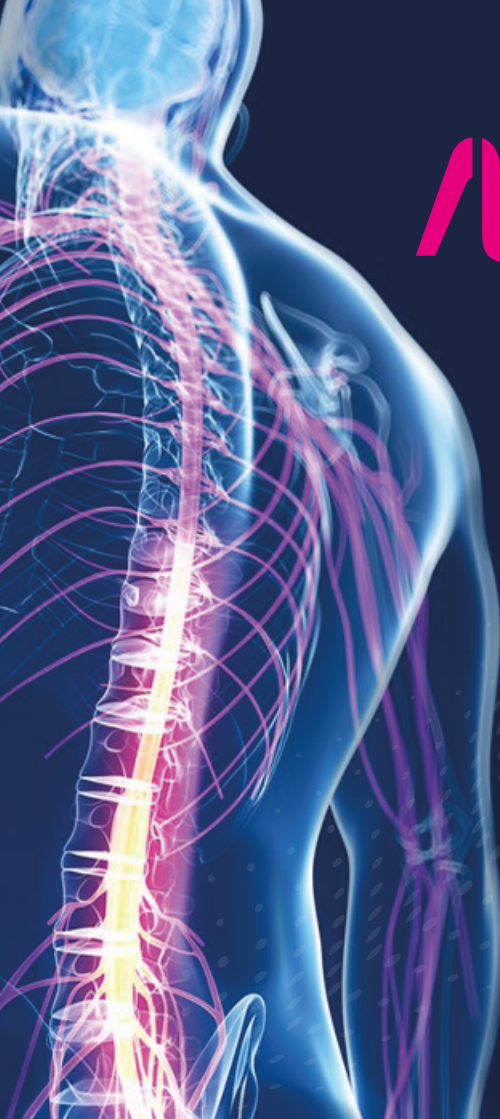
To attend the Workshop you must be registered to the Congress.



ORGANIZING SECRETARIAT



Head Office: Via Emilia, 38 - 90144 Palermo
Branch Office: Verona - Napoli - Nuoro
Pbx 091.527416 - Fax 091.527062
E-mail: congressi@bibagroup.it - www.bibagroup.it



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