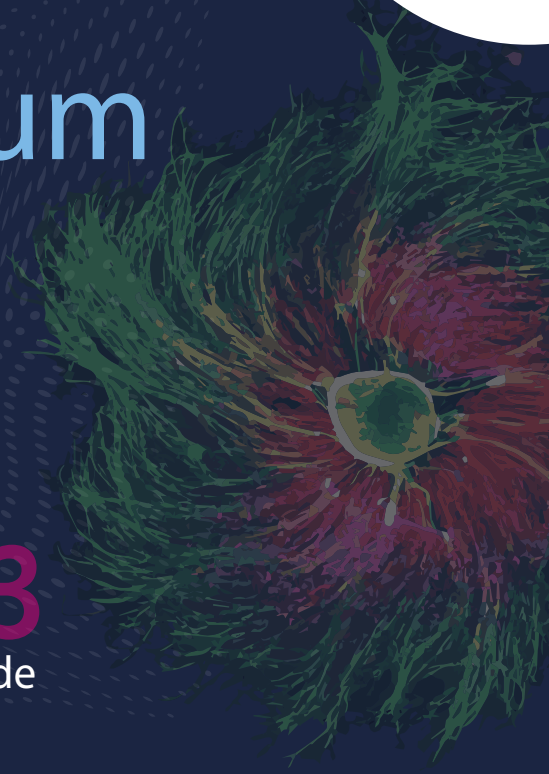


Mediterranean Pain Forum

Scientific Committee
Giuliano **Lo Bianco**
Simon J. **Thomson**

Cefalù
19th | 20th May **2023**
Centro Congressi Costa Verde





Mediterranean Pain Forum

To debate and learn with professionals from around the world about advanced interventional pain procedures, chronic pain, and neuromodulation.

Endorsement



Cefalù
19th | 20th May **2023**
Centro Congressi Costa Verde

Mediterranean Pain Forum

19th May

PROGRAM

08.30 Registration

09.00 Opening: Welcome Remarks

SESSION I

MANAGING CHRONIC LOW BACK AND RADICULAR PAIN WITH IPM: AN UPDATE

Chairs: **M. Day** | **C. Gregoretti**

09.30 Back pain: anatomy and physiopathology | **G. Russo**

09.45 Facetogenic pain: medial branch and z-joint Injections: cutoff for a positive block, how many blocks, what volume(s), MBB vs Intra-articular, fluoroscopy vs US guided injections | **A. Barbosa**

10.05 Interlaminar epidural steroid Injections vs transforaminal steroid injections: rationale, indications, and contrast patterns | **A. Tinnirello**

10.25 Sacroiliac Joint Injections (ultrasound vs fluoroscopy) and Neurotomy | **G. Lo Bianco**

10.45 Cryoablation, Radiofrequency ablation and Pulse Radiofrequency. How to choose the right modality | **A. Stogicza**

11.05 Discussion – Q&A

11.15 Coffee Break

SESSION II

MANAGING CHRONIC LOW BACK AND RADICULAR PAIN WITH IPM: AN UPDATE

Chairs: **G. Lo Bianco** | **A. Papa** | **V. Torrano**

11.30 Radicular pain: anatomy and physiopathology | **G. Misseri**

11.45 Regenerative Medicine for Spinal Pain Management | **S. Bhayani**

Mediterranean Pain Forum

19th May

PROGRAM

12.00 Intradiscal interventional procedures, indication, evidence, and technique | **P. Enea**

12.20 Avoidance of Complications in IPM | **G. Matis**

12.40 Epidural Lysis of adhesions and Epiduroscopy | **M. Day**

13.00 Discussion – Q&A

13.15 Lunch Symposium

OPENING MEDITERRANEAN PAIN FORUM

14.30 Greetings from Authorities

SESSION III

NEUROMODULATION – SPINAL CORD STIMULATION

Chairs: **C. Costa** | **G. Lo Bianco** | **G. Matis**

15.00 Mechanisms of action of spinal cord stimulation and indications | **P. De Negri**

15.20 SCS: Different kind of waveforms | **S. J. Thomson**

15.40 Updates on SCS | **A. Papa**

16.00 ECAP controlled closed-loop SCS | **S. Li**

16.20 Discussion – Q&A

16.30 Coffee Break

Mediterranean Pain Forum

19th May

PROGRAM

SESSION IV

SPINE SURGERY & MINIMALLY INVASIVE SPINE

Chairs: **F. Boniforti** | **G. Perrucchini** | **A. Toscano**

- 16.45 Spinal Interventional Neuroradiology in Low Back Pain: crossing the border | **L. Manfrè**
- 17.05 Kyphoplasty / vertebroplasty indication and technique, update | **F. Valenza, V. Bova**
- 17.20 Impact of ultrasound in pain medicine / Ultrasound techniques for LBP | **R. Bianco**
- 17.40 Indication for Spine Surgery - How, When and What kind of surgery? | **R. Cecchinato**
- 18.00 Discussion – Q&A

ROUNDTABLE DISCUSSION

- 18.10 **THE MULTIDISCIPLINARY APPROACH** (3 Case Presentation)

Chairs: **G. Lo Bianco** | **S. Mamei** | **E. Piraccini**

Neurosurgeon | **A. Cesaroni**

Ortho Spine | **A. Toscano**

Pain physician | **A. Papa**

Neurologist | **D. Restivo**

Physiatrist | **A. Castiglione**

- 19.10 End of scientific session

Mediterranean Pain Forum

20th May

09.00 **Lecture**

Presents: **G. Lo Bianco**

Opioid therapy: State of the art in non-cancer pain | **S. Mercadante**

SESSION V

UPDATE ON OPIOID THERAPY AND ADJUVANT

Chairs: **E. Piraccini** | **G. Russo**

09.20 Neuropathic pain treatment, back to future! | **F. Drago**

09.40 The Endocannabinoid system: potential therapeutic application | **L. Luongo**

10.00 Exploring the use of NSAIDS and cannabis in pain therapy | **V. Guardamagna**

10.20 Discussion – Q&A

SESSION VI

FACIAL PAIN

Chairs: **M. Day** | **P. De Negri**

10.30 Common primary headaches: diagnosis and classification | **S. Vigneri**

10.50 Treatment of headache and facial pain. Different indications of interventional techniques: sphenopalatine ganglion block and trigeminal gangliolysis (RF/Chemical). Update | **C. Costa**

11.10 Discussion – Q&A

11.20 Coffee Break

PROGRAM

Mediterranean Pain Forum

20th May

PROGRAM

SESSION VII

REGENERATIVE MEDICINE

Chairs: **R. Blanco** | **G. Terranova** | **V. Torrano**

- 11.35 PRP, collagen or hyaluronic acid? different indications for different joints | **G. Russo**
- 11.50 Injections in pain therapy, efficacy, indications, and techniques (articular, oxygen-ozone) | **D. Canzio**
- 12.05 Discussion – Q&A

SESSION VIII

RADIOFREQUENCY JOINT DENERVATION

Chairs: **S. Crino** | **N. Salvo**

- 12.15 Hip, Review. Indication, outcomes, and techniques under US and fluoro | **A. Tinnirello**
- 12.30 Knee Review. Indication, outcomes, and techniques under US and fluoro | **E. Piraccini**
- 12.45 Shoulder. Indication, outcomes, and techniques under US and fluoro | **G. Terranova**
- 13.00 Discussion – Q&A

SESSION IX

IMAGING ANATOMY FOR PAIN PHYSICIAN

Chairs: **T. Angileri** | **L. Manfrè**

- 13.10 MRI and CT scan – Spine | **G. Peritore**
- 13.25 Shoulder Ultrasound: what you need to know | **D. Albano**
- 13.40 End of the meeting

Mediterranean Pain Forum

Domenico **ALBANO**

Diagnostic and Interventional Radiology,
IRCCS Istituto Ortopedico Galeazzi, Milano, Italy

Tommaso **ANGILERI**

Radiologist, Villa Santa Teresa, Palermo, Italy

Armando **BARBOSA**

Pain Physician, Lisbon, Portugal

Sadiq **BHAYANI**

Consultant Pain Physician, Cleveland Clinic Abu Dhabi, UAE

Rafael **BLANCO**

Consultant Anaesthesia & Interventional Pain Management
Dubai, United Arab Emirates

Filippo **BONIFORTI**

Clinical Lead of Orthopaedics
Giglio Foundation, Cefalù, Italy

Valentina **BOVA**

Radiologist A.R.N.A.S. Civico, Palermo, Italy

Danilo **CANZIO**

Anesthesiologist and Pain Physician
Policlinico Paolo Giaccone, Palermo, Italy

FACULTY

Alberto **CASTIGLIONE**

Physiatrist, Giglio Cefalù Foundation, Cefalù, Italy

Riccardo **CECCHINATO**

Orthopedic
IRCCS Istituto Ortopedico Galeazzi, Milan, Italy

Alessandro **CESARONI**

Neurosurgeon, Rome, Italy

Carmelo Attilio **COSTA**

Pain Physician, I.C.C. Humanitas, Catania, Italy

Silvio **CRINO**

Clinical Lead
Villa delle Ginestre, Palermo, Italy

Miles **DAY**

Traweek-Racz Endowed Professor in Pain Research
Medical Director - The Pain Center at Grace Clinic
Pain Medicine Fellowship Director, Texas, USA

Pasquale **DE NEGRI**

Clinical Lead of Anesthesiology and intensive care
Caserta, Italy

Mediterranean Pain Forum

Filippo **DRAGO**

Ordinary Professor of Pharmacology, Catania, Italy

Pasquale **ENEA**

Clinical Lead of Pain Unit A.R.N.A.S. Civico, Palermo, Italy

Cesare **GREGORETTI**

Anesthesia and Intensive Care Professor
Policlinico P. Giaccone, University of Palermo, Italy

Vittorio **GUARDAMAGNA**

Clinical Lead of Palliative Care and Pain Unit, Milan, Italy

Sean **LI**

Pain Physician Premier Pain Centers, Shrewsbury, NJ, USA

Giuliano **LO BIANCO**

Clinical Lead of Analgesia and percutaneous surgery
Giglio Foundation, Cefalù, Italy

Livio **LUONGO**

Associate Professor of Pharmacology, Napoli, Italy

Sergio **MAMELI**

Clinical Lead of Pain Medicine
Cagliari, Italy

FACULTY

Luigi **MANFRÈ**

Director of the Functional Unit of Minimally Invasive
Spinal Intervention, Mediterranean Oncological
Catania, Italy

Georgios **MATIS**

Head of the Pain. Spasticity Section, Department of
Stereotactic & Functional Neurosurgery, University
Cologne Hospital, Cologne, Germany

Sebastiano **MERCADANTE**

Director of Anesthesia and Pain Therapy
La Maddalena Oncology Clinic, Palermo, Italy

Giovanni **MISSERI**

Anesthesiologist Giglio Foundation, Cefalù, Italy

Alfonso **PAPA**

Clinical Lead of Pain Unit Ospedali dei Colli
Azienda Ospedaliera Monaldi, Naples, Italy

Giuseppe **PERITORE**

Radiologist A.R.N.A.S. Civico, Palermo, Italy

Giuseppe **PERRUCCHINI**

Orthopedic Giglio Foundation, Cefalù, Italy

Mediterranean Pain Forum

Emanuele **PIRACCINI**

Clinical Lead of Pain Therapy
Ospedale Bellaria, Bologna, Italy

Domenico **RESTIVO**

Associate Professor Neurorehabilitation
University Messina, Italy

Gianluca **RUSSO**

Clinical Lead of Pain Medicine, Lodi, Italy

Nicola **SALVO**

Clinical Lead of Pain Therapy, Villa Sofia, Palermo, Italy

Agnes **STOGICZA**

Anesthesiologist and Pain Physician, Saint Magdolna
Private Hospital, Budapest, Hungary

Gaetano **TERRANOVA**

Anesthesiologist and Pain Physician
Gaetano Pini, Milano, Italy

Simon J. **THOMSON**

Clinical Lead of Pain and Neuromodulation at BTUH and
MSE NHSFT, London, England

FACULTY

Andrea **TINNIRELLO**

Pain physician ASST Franciacorta
Ospedale di Iseo, Brescia, Italy

Vito **TORRANO**

Anesthesiologist and Pain physician
Ospedale Niguarda, Milan, Italy

Angelo **TOSCANO**

Orthopedic
Istituto Ortopedico Rizzoli Sicilia, Bagheria, Italy

Franco **VALENZA**

Interventional Radiologist
Giglio Foundation, Cefalù, Italy

Simone **VIGNERI**

Neurologist
Casa di Cura Santa Maria Maddalena, Occhiobello, Italy

Mediterranean Pain Forum

The congress has been organized thanks to the unrestricted grants of:

SPONSOR PLATINUM



MDM srl

Medtronic

Engineering the extraordinary

SPONSOR GOLD

Boston Scientific

Advancing science for life™



fidia

MYR HOSPITAL

stryker

ALTRI SPONSOR

Abbott



ABIOMEN
PHARMA

AlfaMed

ALFASIGMA

echositalia
interventional solutions



Gimas Srl

GRÜNENTHAL

40 ANNI Medival



MULTISALES
OSCEOLA SOLUTIONS

SANDOZ A Novartis Division



SIKELIA
new medical imaging
Distributore **SAMSUNG**

FUJIFILM



VIATRIS

Cefalù, 19th | 20th May **2023**
Centro Congressi Costa Verde

Mediterranean Pain Forum

INFORMATION

Congress Venue: Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

Scientific Director: Giuliano Lo Bianco

ID CME: 380609 | Credits 9,1

The Event will be accredited for CME credits for the following categories:

- Physicians
(Anaesthesia and Intensive Care | Internal Medicine | General Medicine | Geriatrics | Haematology | Nuclear Medicine | Oncology | General Surgery | Orthopedics | Physiatry | Palliative Care | Radiodiagnostics | Radiotherapy)
- Speech Therapist • Nurses • Physiotherapist

TO OBTAIN CREDITS will be necessary:

- Participate in all educational days • Complete the Customer Satisfaction
- Complete and pass the ECM questionnaire

Registration

- Physicians registration fee | € 305,00 (vat included)
- Nurses • Physiotherapists • Students • Residents | Free

The registration fee includes:
the admission to scientific sessions, CME credits, certificate of attendance.

PROVIDER & ORGANIZING SECRETARIAT



PALERMO | MILANO | VERONA | NUORO

Head Office: Via Emilia, 38 - 90144 Palermo

Branch Office: Verona - Napoli - Nuoro

Pbx 091.527416 - Fax 091.527062

E-mail: congressi@bibagroup.it - www.bibagroup.it

